Ohio House Aging & Long Term Care Committee

January 30, 2020 Kathryn Brod, President/CEO LeadingAge Ohio



Who is LeadingAge Ohio?

- Over 400+ members serving over
- Serve over 400,000 Ohioans
- Employ over 35,000 Ohioans across the state
- Experts in aging continuum
 - Right care, right setting, right time
- High-quality providers
- Mission-driven and values-based
- Break down silos; patient-centered





Antipsychotic use: LeadingAge Ohio compared to Ohio, US



Long Stay Pressure Ulcers: LeadingAge Ohio compared to Ohio, US



Restraints: LeadingAge Ohio compared to Ohio, US



RESOURCE CONSUMPTION

5-10%

Frail elders, polychronic, end of life

20-25%

At risk for major intervention/health problem

45-50%

ER Visits, Avoidable incidents, Readmissions

30-35%

Higher acuity than required, complications and readmissions

10-15%

Unmanaged conditions, unengaged with health issues

70-75%

Healthy, minor issues

OLDER ADULT POPULATION





Average Nursing Facility Per Diem by Source of Payment in 2015 Dollars, 1998-2015



- Private Pay: —
- Medicaid: —



Trends

- Rising acuity
- Managed care
- Occupancy down
 - NF Beds Converting to Assisted Living
- Exit from PASSPORT/Assisted Living Waiver
- Affordable housing demand skyrocketing



The estimated lifetime cost of care for someone with dementia is \$341,840.

(Alzheimer's Association)



Personal savings/LTSS lifetime needs \$180,000

\$90,000

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Perceived Methods for Funding Ongoing Long-Term Care



Source: Retirement Care Planning: The Middle-Income Boomer Perspective, Bankers Life and Casualty Company Center for a Secure Retirement, August 2013. LTCi = Long Term Care Insurance



Workforce Challenges



Source: Bureau of Labor Statistics

Workforce Challenges

- Better pay:
 - 7 out of 10 STNA's/Direct Care Workers who left their jobs, left for better pay
 - 8 out of 10 HHA's who left their jobs, left for better pay
- Employers note a lack of "fit" with caregiver role
 - 5 out of 10 STNAs/Direct Care Workers and 1 out of 4 HHAs who left their jobs did so because the long-term care setting wasn't a good fit



One Step Forward Means Two Steps Back as Families Struggle to Economic Independence

Too many families are unable to make ends meet as they try to move off of assistance benefits and toward economic independence. Benefits help buffer the impacts of poverty and hardship on children's health and development. Yet when family income increases and benefits are reduced or cut-off, the new, higher income may not be enough to offset the loss or reduction of benefits. As a result, children are at increased risk of experiencing hunger and poor health.



Economic Independence

Ohio Benefit Cliff = Family of 3 1 Adult, 2 Children



LeadingAge Ohio: Workforce Solutions

- Employer of Choice program
- Frontline Supervisor Training
- Education Partnerships
 - Careers that Love You Back
 - Elder Certification & Dementia Certification
 - Apprenticeship program



KEY PERFORMANCE INDICATORS



WisCaregiver Careers: Adding 3,000 Nursing Home Caregivers



WisCaregiver Careers started with free nurse aide training and testing for caring individuals not currently listed on the Wisconsin Nurse Aide Registry. After successfully completing training and testing, participants apply for a job with a participating nursing home, and receive a \$500 retention bonus after six months of work. Those WisCaregiver nursing homes are listed below. Those in training programs now, or who have just completed a training program, can use the map or tables to contact a participating nursing home about employment. This was previously Step 3 in the process.

Ohio

For more Information about the WisCaregiver Career Program, visit the program overview page. If you have questions about the WisCaregiver Career Program, email us. For information about hiring our graduates.

Unpaid caregivers provide most LTSS today



Paid caregivers: 70-80% home health aides, certified nursing assistants, personal aides

Unpaid Family Caregiving:

- \$470 billion annually
- 40 million family caregivers
- 37 billion hours of care
- Averaging 20-22 hours per week



Source: SCAN Foundation, Who Provides Long-Term Care in the US? October

2012; Feinberg, et.al, "Valuing the Invaluable, 2015 Update; 2015 Alzheimer's Facts and Figures, Alzheimer's Association

The Caregiver Pool



1/2 as many caregivers will be available in 2050

Ratio of Potential Caregivers to Those Needing Care¹

1. Ratio of # people in most common caregiving age (45-64) to those at most risk for needing care (80+)



The Washington Post

'This will be catastrophic': Maine families face elder boom, worker shortage in preview of nation's future

Jeff Stein 3 days ago







Policy Recommendations

- Incentivizing retirement & long term care planning
- Enable family caregivers
- Strengthen community-based care
 - Workforce
 - Housing
 - HCBS models
- Technology

